



Recreational Classes are Monthly **CONTINUOUS** and Monthly Tuition is **PRO-RATED!**

First month's payment and membership is collected at time of registration.
Monthly payments are processed the 1st - 3rd business days of each month.

Withdrawals need to be emailed to explosionlloyd@gmail.com **by the 20th**
in order for your card not to be charged for the following month.

To Allow for Extra Sanitization, All Classes will be Dismissed 5 Minutes Early.

No In-House Admin at this time.
Please email us with any questions to
explosionlloyd@gmail.com

Main Web Page	www.explosiongymnastics.com
Competitive Gymnastics	www.explosiongymnasticsteam.com
Cheer Academy	www.explosioncheeracademy.com

Membership - \$45 per athlete. Valid for 1 year. A membership is required to enrol in classes. It will come due again on the yearly anniversary month of your original enrolment.

	Class Description	Monday	Tuesday	Wednesday	Thursday	Friday	
5 & Under Classes	Rocketeers (Walking - 3 yrs) Parent-Assisted		11:30 - 12:30 6:00 - 7:00		5:00 - 6:00		
	Tiny Guys & Gals (3 - 4 yrs)	*11:30 - 12:30 (B&L) 5:00 - 6:00	11:30 - 12:30		11:30 - 12:30 6:00 - 7:00		
	Mini Ninjas (3 - 4 yrs)	6:00 - 7:00		6:30 - 7:30		5:30 - 6:30	
	Super Novas (4 - 5 yrs)	6:00 - 7:00	5:00 - 6:00	4:30 - 5:30	11:30 - 12:30		
	Bounce & Learn Academy (Pre-K) M & W (3 - 4 yrs) Tu/Th (4 - 5 yrs)	9:30 - 11:30 (M only & M/W)	9:30 - 11:30 (Tu/Th)	9:30 - 11:30 (M/W)	9:30 - 11:30 (Tu/Th)		
	5 & Over Gymnastics	Beginner	4:30 - 5:30	4:30 - 5:30	5:30 - 6:30 (5 - 7 yrs)	4:30 - 5:30	
First Class after Super Novas			5:30 - 6:30 7:00 - 8:00	6:30 - 7:30 (5 - 7 yrs)	5:30 - 6:30 7:00 - 8:00		
Novice			5:30 - 7:00	4:30 - 6:00	6:30 - 8:00		
Intermediate		6:00 - 7:30		6:00 - 7:30			
Pre-Competitive		4:00 - 6:00					
More Classes 5 & Over		Parkour		5 - 6:00 (5 - 7 yrs) 6 - 7:00 (8 - 10 yrs) 7 - 8:00 (10+)			
	Ninja Warriors	5 - 6:00 (5 - 7 yrs) 6 - 7:00 (8 - 10 yrs) 7 - 8:00 (10+)	5 - 6:00 (5 - 7 yrs)				
	POM Cheer			6:00 - 7:00 (13 + yrs)		5:30 - 6:30 (6-12 yrs)	
	Trampoline Levels 1 - 3 (ages 6+) Levels 4 - 6			5:00 - 6:00 6:00 - 7:30			
	Circus Arts (Hammock/Trapeze/Hoops/Aerial Silks) Level 1 Level 2/3				4:30 - 5:30 5:30 - 7:00		
	CHEER Recreational Flyer Training L1/2 Tumbling Flex & Fitness Jumps L2/3 Tumbling					7:00 - 8:00 (6+ yrs)	6:30 - 7:30 6:30 - 7:30 4:30 - 5:30 5:30 - 6:30 6:30 - 7:30
Cheer Teams: Tiny Novice - U6 Prep Mini - U8 Prep Youth - U12 Elite - Level 3		More info about Cheer at www.explosioncheeracademy.com			4:30 - 5:30 (W/F)	4:30 - 6:00 (M/Th)	4:30 - 5:30 (W/F)
			4:30 - 6:00 (M/Th)				
			5:30 - 7:30 (M/W)		5:30 - 7:30 (M/W)		
					4:00 - 6:00 (W/F)		4:30 - 7:30 (W/F)